

A bike with a blender mounted on the front that runs from a dynamo on the front wheel has been providing delicious banana smoothies at the recent free bike maintenance workshop and at the CDHB go by bike day breakfast on 17th February. Frozen bananas gave the best texture, provided a reasonable amount of speed was obtained to get the blending happening well. Extracting the smoothie was just as entertaining and required a wheelstand as the blender jug is fixed to the rack.

