

Instructions for using stilts

These are still being developed. Videos will follow

1. Bolt your shoes onto the foot plate, heel first then drill a hole through foot plate to bolt the toe into position
2. Adjust the angle of the foot plate to suit your natural foot angle when standing
3. Adjust the angle of the calf brace to suit your leg angle
4. Tighten bolts
5. Start with the shorter extensions to get the hang of it.