

Travel Planning

It's a simple concept – make up a table like the example below and list all the trips you ever do in a car then think of an alternative to the car. The trips you do every day should be at the top & highest priority to find a fossil fuel free alternative. Try to pre-empt your excuses for not making the switch and make yourself accountable to a good friend to ask you regularly how your switches are going.

trip	Frequency	Possible alternative	Why would I not take this alternative	What I need to encourage me to take this alternative
Go to work with preschooler to drop off	Daily	Bike	Can't fit kid and gear on bike. Want to do shopping on the way home and can't fit it in. Get wet when it rains.	Home made front seat mounted on bike for kid to sit on and trailer for shopping. Possibility of tagalong bike with trailer combo. Get a decent raincoat
Shopping	3x a week	Bike	Uncomfortable putting stuff in backpack and limited capacity	Bike trailer & panniers
Band practise	1x a week	Bike	Can't get bass amp on bike	Bike trailer
Library visit	1x a week	Bike	10 books each for 4 kids are really heavy to carry	Bike trailer
Visit grandparents on other side of town with 4 kids	Once a week	Bus or bike if its just a pickup	Don't know where to catch the bus from and don't have a metro card. Can't get the bike home again on bus	Ring up bus centre and get info (this took me 3 years to get around to doing this from when I first thought of it). Need bike racks on the bus
Drop kids to guides/scouts/sports/music practise	4x a week	bike	Kids are too big to fit on my bike and too far for them to bike by themselves particularly after exhausting sports, and don't have enough lights for night trips	Get an adult size tandem or three wheeler (e.g Christiana trike) and a decent set of lights.
Collect pine cones for logburner	Once every 3 months	Bike	Can't get enough cones in pack and its really uncomfortable.	Bike trailer
Home renovations supplies	Once every 3 months	bike	Daunting carrying heavy bulky stuff by bike	Three wheel trailer can carry 150kg of stuff up to 2.4x1.2m, large whitewear etc. Borrow such a trailer from Steve Muir
Holidays	5 times a year	Bus, cycle tours	Taking all the gear is a hassle	Do more local holidays with a bike trailer